



## PRICE SHEET

MASSAGES	MINS	
Deep Tissue Massage	60	\$145
	90	\$200
Golfer's Massage	60	\$135
Grand Relaxation Massage	60	\$135
	90	\$190
Hot Stone Massage ( <i>Relaxation</i> )	60	\$145
	90	\$200
Mother-to-Be Massage	60	\$135
Neuromuscular Therapy ( <i>NMT</i> )	60	\$150
	90	\$200

Maximum of 115 minutes of massage and body service(s) per person per day.



Top 100 Spas by Spas of America 2016-2018

**GRAND VIEW LODGE**  
— SPA AND GOLF RESORT —

<b>BODY TREATMENTS</b>	MINS	
Body Firming Wrap	60	\$155
doTERRA Aroma Touch Therapy	60	\$150
Grand Body Exfoliation ( <i>Sugar, Salt or Moroccan</i> )	60	\$155
Hungarian Herbal Mud Wrap	60	\$155
Indulgence ( <i>Relaxation</i> )	115	\$305
Deep Tissue or Hot Stone Upgrade	—	\$10
Moroccan Ritual	60	\$160
Spa Reflexology	60	\$140
The Grand Steam Glow	70	\$165

*Body Treatments not recommended for mothers-to-be.  
Wraps and reflexology are available as couple's services.*

## **HYDROTHERAPY**

Calming Waters	60	\$160
Glacial Rain	85	\$200
Grand Renewal	60	\$160
Moroccan Rain	85	\$200
Serenity Soak & Massage	85	\$190
Deep Tissue or Hot Stone Upgrade	—	\$10
The Awakening	60	\$165

*Hydrotherapy not recommended for mothers-to-be.*

## **MASSAGE ENHANCEMENTS** *Add to any massage.*

Body Exfoliation ( <i>Sugar, Salt or Moroccan</i> )	25	\$50
Heated Gloves/Booties ( <i>\$15 for both</i> )	—	\$10
Pedissage	15	\$35
Scalp Massage	15	\$35
Detox Foot Treatment	—	\$20
Moroccan Scalp and Hair Therapy	15	\$30

## **SKIN CARE**

Arctic Berry Peel & Peptide Facial	60	\$165
Grand Duo Treatment	60	\$135
Corrective Facials	60	\$150
Replenishing Facial & Body Wrap	75	\$180
Gentleman's Facial	60	\$130
Grand Organic Facial	60	\$135
Tahitian Facial & Body Wrap	90	\$195
Ultimate Facial	90	\$195

## **SKIN CARE ENHANCEMENTS** *Add to any facial.*

Facial Peel	—	\$10
Heated Gloves/Booties ( <i>\$15 for both</i> )	—	\$10
Lip or Eye Treatment ( <i>\$30 for both</i> )	—	\$20
Make-up Application	25	\$55

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## SKIN CARE ENHANCEMENTS *Add to any facial.*

Make-up Touch-up <i>(based on availability)</i>	10	—
Neck & Décolleté Firming Treatment	15	\$25
Scalp & Hair Treatment	15	\$30
Waxing – Brows, Chin or Lip (each)	15	\$20

## NAIL CARE

Hands	MINS	
Age Defying Manicure	45	\$65
Children's Manicure <i>(10 &amp; under)</i>	25	\$40
Gel Manicure	45	\$65
Gel Polish Removal	25	\$20
Grand Organic Manicure	45	\$60
Himalayan Salt Stone Manicure	45	\$65
Moroccan Hydrating Manicure	45	\$65
Repair and Protect Manicure <i>(no polish)</i>	45	\$60
<b>Feet</b>		
Children's Pedicure <i>(10 &amp; under)</i>	25	\$40
Mineral Detox Soak Pedicure	75	\$135
Grand Organic Pedicure	45	\$80
Hot Stone Pedicure	45	\$85
Moroccan Hydrating Pedicure	45	\$85
Repair and Protect Pedicure <i>(no polish)</i>	45	\$80
Ultimate Pedicure	75	\$140

## NAIL CARE ENHANCEMENTS *Add to any nail service.*

French Polish Add-on	10	\$10
Heated Gloves/Booties <i>(\$15 for both)</i>	—	\$10
Sole Treatment <i>(Pedicures only)</i>	10	\$10
Nail Art	\$2/nail	\$10 both hands

## PACKAGES

We encourage you to customize your spa visit by combining your favorite services. We offer a 10% package discount when you receive 3 or more services which are at least 45 minutes each in length. All services must be received by the same person, on the same day. Not valid with other discounts.

## CANCELLATIONS

If you must reschedule or cancel your appointment, please notify us at least 48 hours in advance to avoid being charged the full treatment price.

*Prices effective April 16, 2019.*

*All prices and service offerings subject to change without notice.*

*Services are subject to Minnesota state sales tax.*

## HOW TO SPA

*Demand for spa services is high, especially on the weekends and holidays. We highly recommend appointments be made several weeks in advance. Resort guests are encouraged to make spa appointments at the time lodging is reserved to ensure desired service times.*

**Arrive Early** Please arrive at least 20 minutes prior to your first appointment in order to change into your robe, complete paperwork and relax before services. Guests wishing to shower or use the steam room or sauna prior to services, should allow additional time. Should you arrive late, your service(s) will be modified and end at the originally scheduled time.

**Medical Conditions** Upon arrival at the spa, you will be asked to complete a questionnaire. Please note any medical conditions on this form. Your service provider will review the form with you, prior to your service, to determine appropriate service modifications. Please let the spa know when booking your services if you have significant medical conditions, that would be beneficial to be aware of in advance. If you have any concerns about whether you should have any service, please check with your physician prior to booking your services.

**Electronic Devices** Phones, cameras and other recording or electronic devices are not allowed in the locker rooms or treatment rooms. We request all cell phones be turned off while in the spa. The spa is intended to be a quiet and relaxing environment for all guests.

**What to Wear** Unless you are leaving the spa to go out for the evening; wear comfortable, loose fitting clothes. Lockers, plush robes, sandals, towels, amenities and hair dryers are provided. We strongly encourage you to leave all jewelry and personal belongings at home.

**Disrobing** Please disrobe to your comfort level. Traditionally, most resort spa services are performed wearing no clothing. All of our service providers are highly trained professionals who will cover and drape you to ensure your privacy.

**Gender Preference** Please inform us when booking your appointments if you have a gender preference for your therapist. Please note that this might limit the availability of your service.

**Pregnancy** Please inform the front desk when making your reservations and your service providers the day of your services if you are pregnant so we can customize your service for you and your baby.

**Age Restrictions** We encourage our younger guests to experience spa services within a few guidelines. Any guest under the age of 16 must be accompanied by a parent or guardian while in the spa. If a guest is under the age of 16, we require Parental Consent prior to any service other than nail services. Guests 13 and under receiving skin care services, or guests 14 and under receiving any body service, will require a parent or guardian to be in the treatment room.

**Food & Drink** We provide light refreshments and spa snacks in our relaxation room. Outside food and beverages are not permitted.

**Gratuities** Gratuities are not included in the service fee. If you have had a wonderful experience, feel free to leave gratuities for your service providers. If you are not sure how much to tip, our front desk staff will be happy to provide guidance on gratuity standards.